

From Flea Market finds to Shabby Chic session 5-03

Shabby chic is a form of interior design where furniture and <http://en.wikipedia.org/wiki/Furnishing> furnishings are either chosen for their age and signs of wear and tear or new items are distressed to achieve the appearance of an antique. Shabby chic items are often heavily painted with many layers showing through obviously worn areas. The style is imitated in faux painting http://en.wikipedia.org/wiki/Faux_Painting using <http://en.wikipedia.org/wiki/Glaze> glaze or by painting then rubbing and sanding away the top coat to show the wood or base coats. Fabrics tend to be cottons and linens, with linen being particularly popular, inspired by old French linens. Whites and worn or <http://en.wikipedia.org/wiki/Bleach> bleached out pastels are favorite colors. Fabric is often stained with tea to give it the look of old fabric. Bleached and faded are terms often applied to the style.

The essence of shabby chic style is vintage and antique furniture painted white (or another soft pastel color) and distressed at the corners by sanding. Pink, mint green and soft aqua is also popular colors seen in accessories and fabrics.

It is a soft, relaxed feminine romantic way of decorating that looks comfortable and inviting. Also called Cottage style.

Shabby chic elements

- Weathered paint
 - Distressed
 - Layered
 - Worn patterns
- Rust
- Industrial
- Mix and match styles
- Antique look
- Wood
- Wicker
- Drapery
- Chandelier
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Pick a theme and group elements together to create a boutique for greater impact. Mix old and new pieces together.

- Romantic/cream/pink colors
- Retro
- Industrial
- Antique
- Vintage

Alternate Fixtures

- Barrels
- Baskets/bins
- Washtub
- Trunks
- Second hand furniture
- Doors, shutters, windows
- Dress forms

Suggested book list

- Junk Beautiful by Sue Whitney
A. Taunton Pub.
- Jazz Up Your Junk by Linda Barker
A David & Charles Book
- Flea Market Style by Jerri Farris, Tim Himsel
Creative Publishing
- Better Homes & Gardens Flea Marketing Decorating
Meredith Pub
- Better Homes & Gardens Garden Style Projects
Meredith Pub
- Decorative Furniture by Donna dewberry
North Light Books
- One Stroke by Donna Dewberry
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